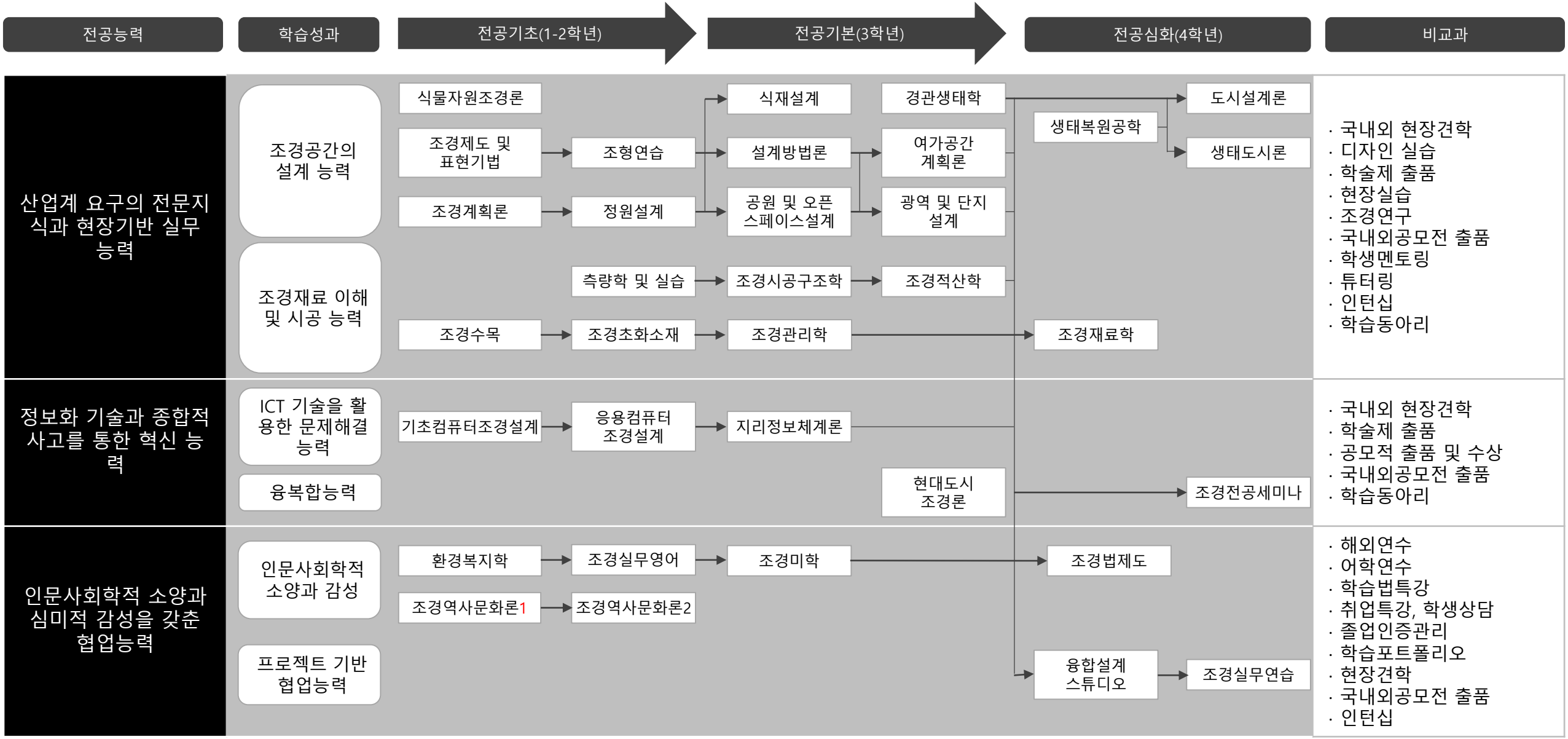역량기반 교육과정 이수체계도